

SAI RAM

SAVE YOUR SPINE

Backache has become a common problem backache problem has been increasing very few people escape backache an American study report said that four one of five Americans suffer with backache at some time or others in their life time.

Journal of neurosurgery editorial article said that 'lamer dice surgery was the commonest in **USA** done by the neurosurgeons'

If one neurosurgeon did one thousand lumber dice removal and retired if could earn him enough money for the rest of his life. Just, charging one thousand rupees per month.

In India backache is being treated by energy body and any body

The best treatment offered and commonly advised was a free advice 'Uchitha Salaha'

Many people are interested in 'Managing' the backache life.

- Massage
- Manipulation
- Tattooing
- Branding
- Yoga
- Physiotherapy
- UV/sonic
- Hot bags
- Traction
- Local injection
- Epidural block
- Lumbo sacral best or corset
- Medical management
 - Drugs allopath
 - Ayurvedic
 - Homeopathy

Acupuncture

Patients are confused about the correct choice of the mode of treatment

They approach the nearest and cheapest

Now days the treatment is generally decided in to

Affluent or offoradase

Poor and in offoradase

Reimtrursiaon

Paying

Educated

Uneducated

Rural

Urban

Costly

Free (cheap)

Who should treat the 'backache?'

- Non-medical personnel
- RMP doctors
- Local qualified doctors
- General physician
- Gynecologist

- General surgeon
- Orthopedic surgeon
- Urologist
- Neurosurgeon

Who should investigate/ and what investigate

- X Rays
- Myelogram
- CT myelogram
- MRI

Lumbar spondylon's

Lumbar spondylysis

Low backache

Seafarer

Dice desecration. Dice prolapsed

Lumbar canal steroids

- Common misconceptions
- No present suits every surgery

- Surgery will make the patient impotent /invalidator life

- Patient wants immediate and total rachis

- Patient does not want to change his life style

- Some facts everyone should know

- Dice degeneration/disk prolapsed/ lumbar spandious/ sciatica are all with different names for **LBA**

- Spandylous is not a disease parse

- Spandylous oceans become of wear and tear

-spandylous oceans due to weight bearing striation the spinal by granty

- Common sites of the spandylous modern lumbar, canonical, ready dorsal and never in the scrum and coyest

- C5-C6, C6-C7, C4-C5, C3-C4 are the sites of prolapsed in that order, rarely C2-3 and never at C1-2 as there is no intervertebral dice between C1-2

- L4-5, L5 S1 in male and females respectively because of the charger in the pelvis

-L3-4 L2-3 and L1-2 are less and less common sites for disk degeneration and prolapsed

- Dorsal spine disk degeneration and prolapsed are rare compared to the lumbar and cervical spine. Disk prolapsed is unknown in the sacral and coccygeal spines or sacral material.

- Disk prolapsed does not occur in children and teenage people as the wear and tear has not taken place

FAILED BACK SYNDROME OR EXTREMES-II

1. Mrs.Radha - lumbosacral liniments
2. Andhra bank – employees wife
3. Mr.Subba Rao NCC/AMC/VSP – L. spine

4. Zine patient – conical corpus
5. Residual quadriparesis – C. Spine
6. Water works department – APEX->NIMS-L. spine
7. Mr.Rama Rao SBI – lumbar lonely
8. Mrs.Vijaya Lakshmi – lumbar lurveets
9. Vamsi Krishna : Yashoda->CARE->rapport
10. Mr.Behara B.HAL – Orissa C. Lanincety
11. Mrs.Radha – conical disk Dr.Rama/Ram
CMC/Bhaskara Rao
12. T.V. reports of Arogyas Sri cases – Warangal
13. T.V.R.K's case at CARE Nampally – report boy
14. T V R K S case - CSF leak ->menigis
15. Q.Dharma Rao's case KGH – CSF leak – deals
16. Mr.Koteswara Rao: Adamalla
17. Bombay Mrs.Jyothi's relative – Yashoda Hospital
working- lanimety
18. Tailor – Gajuwaka – KGH – C. Spine. Operated
19. Mr. Narasayya – Kurnool – Q W.Sita Ram – twice
- 20.

CONSERVATIVE-I

I. J

HNO-327/B/CLASS

NEW MALLA PALLY

PH- 9908849085

II. P.Vamsi Reddy

Bharbagudem

Jeelugu mills (MD)

AP 534456

PH: 08821 – 251129

Mobile: 9618272979

E-Mail: p vamsi reddy@gmail.com

III. Mr.Satyanarayana Raju – Tanjenia under treatment

IV. Prof.T.Koteswara Rao – AV. Tennis play

V. Prof. Rokkam Sudarsana Rao - AV. Tennis play

VI. Q. Padmanabha Reddy – chemistry dept

VII. Sri Maha Vishnu : Amalapuram

VIII. Wife Mr.Swamy : Vijayawada

IX. Ramana Recurrent HMP

X. Chaitanya College Girl – foot drop

CONSERVATIVE TREATMENT – PAID I A

- XI. Mr. Suryakantham – Gopal patel
- XII. Mrs. Padmavathi – C. spine Qnedri
- XIII. Mrs. RTC employee – Mr.Swarapoo’s
- XIV. Mrs. Uma Devi – Vijayawada
- XV. Mrs.Padmavathi – NIMS – suicidal
- XVI. T.P.Gudem patient - B/O operated case
- XVII. Foot drop atiul from Gudem mother of Vizag
- XVIII. Venkateswara Rao - P.O Case adamalle L. spine
- XIX. SBI bank Mangur - Vizag -> Rajahmundry
- XX. I Pulla Rao - AC canonical dise.
- XXI. Mrs. Suryakantham - multiple dises
- XXII. Mr. Satya Narayana - multiple dises
- XXIII. Mrs. Vijayalaxmi - S.Kota
- XXIV. Mr. Vijayalaxmi’s - husband S.Kota
- XXV. Lorry driver – s Kota c bar Solomon tall & healthy modules
- XXVI. Mrs. Dharmavathi
- XXVII. Software Engineer – Singapore C/O Mr.Rama Narayana IT dept
- XXVIII. Dr.parimi - C. spine
- XXIX. Mrs.Armaj – C. spine

- XXX. Mr.T.Sri Ramamurthi – C.spine
XXXI. Dr.Laxmi Saleem L. spine

TB.SPINE-II A

1. Appalakonda – B. spine c cold assent
2. TV Rao AV – T.P. spine
3. Rama Rao Teacher – S.Rayavaran – C. spine
4. Radio Ramarains son – L. spine TB
5. Q.Laxmi Saleem relative – Gajuwaka

SPINE

1. conical in pay – C5-6 #
2. pigger C6-7 sublunary
3. Swamy C6-7 sublunary e bar Quaduri parsis

SPONUDULOLIS THESIS

1. Q.Saleem mother
2. Q.Laxmi Saleem
3. Q.K V his mother

